

Support Group Program for Deaf/Hard of Hearing (DHH) Middle & High School Students *Spring 2014*

Seattle Children's Hospital Mental Health Services

Who: The groups are for middle and high school students who are deaf/hard of hearing and use sign language as one of their communication modes. Students who use hearing aids and cochlear implants are welcome.

What: Middle and high school groups sometimes meet separately. The groups meet together at lunch, on field trips, and during certain activities like art therapy and DHH guest speakers' presentations. Participants have the opportunity to discuss their personal and common experiences, receive support and practice problem solving skills in a safe environment.

Goals:

- Receive support from peers
- Increase self-awareness
- Practice communication, social, and problem solving skills
- Foster self-esteem
- Develop self-advocacy skills

Where: Seattle Children's Hospital, 4800 Sandpoint Way NE, Seattle, WA, 98145
Ocean Building, 5th floor, Psychiatry Clinic, Sea Star Lobby

When: 5pm to 8:30pm on the following Fridays:

March 21
April 18
May 16
June 13

Cost: FREE! There is no cost to families. This group is supported by a generous donation from the Richard and Francine Loeb Family Foundation. Dinner and snacks are provided.

Registration: Contact Julia Petersen, Group Program Coordinator
Julia.petersen@seattlechildrens.org
206-257-7199 (Voice/videophone; English/Spanish)

Support Group Program is also provided once a month, typically on Friday night, during the academic year at no cost. If interested, contact Julia Petersen.



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